

2001 California Dietary Practices Survey

Table 69: Californians Living in Proximity to Exercise Locations and Heard of Recommendations for Exercise

Question: Do you live near a school, park or other place where you can exercise or workout?
Have you heard of recommendations on amount of physical activity or exercise you should get for good health?

	Percent	
	Living in Proximity to Exercise Locations	Heard Recommendations
Total	75	58
Sex		
Males	76	56
Females	73	60
Males		
18 - 24	84 ***	38 ***
25 - 34	85	50
35 - 50	80	64
51 - 64	60	60
65+	61	64
Females		
18 - 24	78 ***	34 ***
25 - 34	78	53
35 - 50	80	72
51 - 64	63	64
65+	58	64
Ethnicity		
White	74	64 ***
Hispanic	76	46
Black	80	49
Asian/ Pacific Islander	73	53
Education		
Less than high school	66 ***	39 ***
High school graduate	71	48
Some college	77	64
College graduate	79	70
Income		
Less than \$15,000	68 ***	48 ***
\$15,000 - 24,999	68	50
\$25,000 - 34,999	70	54
\$35,000 - 49,999	78	65
\$50,000+	86	70
Physically Active		
Did not meet recommendations	69 ***	56
Met recommendations	82	60
Overweight Status		
Overweight/Obese	74	58
Not overweight	76	59

A box around a group of numbers signifies that differences observed within this group are statistically Chi Square Test

*** p<.001